January, 2016

We are pleased to share with you our 2015 accomplishments at the Windbridge Institute, LLC. We are especially proud since, as usual, they occurred with a very limited budget, no marketing department, no university affiliation, only two full-time researchers, and a handful of stellar volunteers.

In this New Year Note, we have included a 2015 Year-in-Review including highlights of our research, news, events, media, publications, and conferences with links to the original materials where available.

We have also included a section Looking Forward into 2016 at the institute.

Please feel free to pass this note on to others who may be interested.

We look forward to sharing our progress with you in the coming months. Please make sure you visit our website for lots of ways to stay connected.

Best wishes for a year filled with stability, tranquility, and civility,

Julie and Mark

Julie Beischel, PhD         Mark Boccuzzi
Director of Research      Director of Operations

The Windbridge Institute, LLC
www.windbridge.org

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The figure above diagrams the major research areas at the institute and how they intersect:

**Basic Parapsychology**

This program explores traditional parapsychological topics (i.e., telepathy, precognition, clairvoyance, and mind-matter interactions) as well as experimenter effects, alternative healing, intention, our connection to each other, and the potential that exists within each of us.

**Life After Death**

The survival of consciousness hypothesis proposes that at least part of an individual’s personality or consciousness continues to survive after the death of the physical body. We are interested in all areas of survival research but is, at this time, primarily focused on studying mediums and the information they report, investigating technologies that may be useful in enhancing interaction and communication with the deceased [i.e., electronic voice phenomena (EVP) and instrumental transcommunication (ITC)], addressing reports of haunting and apparition phenomena, and exploring afterlife cosmology.

**Animal Consciousness**

Non-human animal consciousness research investigates a variety of phenomena including animal psi, the human-animal bond, and survival of animal consciousness after physical death.
Major Research Findings to Date

Below is a brief overview of our research findings since we founded the Institute in 2008. Where available, references (p. 4) are linked to the original articles. As our understanding of these topics is constantly evolving, these findings may change as new data become available. Always check with your healthcare provider when evaluating treatment options.

The Source of Psi Problem and Psi Mediated Experimenter Effects continue to hinder experimental parapsychology. They also have a direct impact on Survival research. As such, we are continuing to explore how experimental outcomes are affected by the implicit and explicit beliefs, desires, expectations, and enthusiasm of experimenters and participants (11, 15).

A mediumship reading appears to involve a complex dynamic between the sitter, the medium, and the invited discarnate. Each can potentially impact the success of a reading (3, 6).

Some mediums, under blinded and controlled conditions, can report accurate and specific information about deceased people and this finding has been replicated. However, we cannot currently identify the source of the information mediums report. Thus, we call this phenomenon Anomalous Information Reception (AIR) (8).

Qualitative as well as blinded and randomized quantitative research with modern, American, secular mediums has demonstrated that the experience of receiving communication from the deceased involves phenomenological characteristics different from those that occur while retrieving psychic information about the living. Thus, an argument can be made that these are different tasks and could provide support for the Survival Hypothesis (i.e., that mediums are communicating with the dead) (10, 14).

Electroencephalograms (EEGs) of modern, American, secular mediums suggests that the experience of communicating with the deceased may be a distinct mental state that is not consistent with brain activity during ordinary recollection, perception, or imagination. Thus, the claims that mediums are fabricating information or recalling facts previously acquired about the target discarnate are not supported. In addition, given that the process of modern mental mediumship involves real-time verbal communication, EEG, which is susceptible to muscle movement artifacts, may not be well-suited for studying this phenomenon when accuracy data is needed. Further experiments exploring the neuroscience of mediumship using different brain imaging techniques are currently in the planning stages (13).

An informal survey of the health of mediums demonstrated that the incidence of autoimmune diseases and migraines far exceeds that of the general population. Research examining various components in the mediums’ blood as well as basic psychophysiological measures explored the health impacts of performing readings. No hematological or physiological changes were seen when comparing a reading condition to a control condition and a link between disease prevalence and psychological trauma in this population has been proposed (1).

Preliminary research has demonstrated that receiving a mediumship reading may have a profoundly positive healing effect on those who are suffering from traumatic grief as the result of the loss of a loved one. We are currently conducting a clinical trial to further explore mediumship as a possible treatment option (4, 9).

Using a fully-blinded protocol similar to that employed to test mediumship accuracy during readings for deceased people, exploratory and on-going research has demonstrated that some mediums can report accurate and specific information about deceased companion animals as well (7).

A recently completed pilot study indicates that it may be possible to collect information about the afterlife using a controlled, double-blind experimental protocol (2).

Research has demonstrated that when a discarnate is invited to interact with different types of electronic devices under controlled conditions, the output of those devices changes. However, given the Source of Psi Problem, we cannot yet definitively attribute these changes to the invited discarnate (12).
Major Research Findings to Date (cont.)

References


15. Windbridge Institute. (n.d.) Whose psi is it? Determining the impact of psi experimenter effects [Research brief].
Books about Mediums

E-BOOKS (can be read on almost any device using free reader apps)

Among Mediums: A Scientist’s Quest for Answers
Dr. Julie Beischel forfeited a potentially lucrative career in the pharmaceutical industry to pursue rigorous scientific research with mediums full-time. Among Mediums is an accessible, bite-sized review of her 10-year journey and the answers she discovered along the way.

Meaningful Messages: Making the Most of Your Mediumship Reading provides 10 helpful hints to keep in mind as you prepare for, experience, and reflect on a reading from a medium. Having realistic expectations and a clear understanding of the process will make the whole experience go more smoothly for the three people involved: you, the medium, and your deceased loved one.

In From the Mouths of Mediums Vol. 1: Experiencing Communication, 13 credentialed mediums discuss how they experience communication from the deceased, suggest how you can experience communication, and share why it might be that you have not heard from your loved one. The mediums who contributed were Ankhasha, Carrie, Daria, Dave, Eliza, Ginger, Joanne, Kim, Nancy, Sarah, Traci, Tracy Lee, and Troy.

PRINT BOOK

For the first time all in one place, Investigating Mediums: A Windbridge Institute Collection, a 3-books-in-1 paperback, features the full content from all three books listed above as well as articles by Dr. Julie Beischel discussing: mediums’ views about the afterlife; grief and mediumship; our deceased animal loved ones; and the three mediumship research programs at the Windbridge Institute.

For more information, visit: www.windbridge.org/ourbooks
2015: A Year in Review

Funded Research

Grants from these funding organizations are competitive awards. Submissions are reviewed by other researchers and experts who determine which projects have the best protocols and will contribute the most to the field.

Bereavement and Mediumship (BAM) Study

Funded by: William H. Donner Foundation with additional support from public crowdfunding

Status: In Progress.

As a first step in discerning who might and might not benefit from mediumship readings, we have designed a randomized clinical trial (the BAM Study). Only with controlled research such as the BAM Study can the grief community effectively determine if receiving mediumship readings is helpful, harmful, or neither for different fractions of the bereaved.

Development and Implementation of a Comprehensive Survey of American Mediums

Funded by: Bial Foundation

Status: In Progress.

The aim of this two-year study is to identify potentially unique demographic, cognitive, psychological, physiological, familial, cultural, and phenomenological characteristics of self-identifying mediums in the US when compared to a non-medium population.

AIR by Mediums Regarding Non-Human Discarnates

Funded by: Survival Research Committee of the Society for Psychical Research (SPR)

Status: In Progress.

This study employs established, published methods from mediumship research to determine if Windbridge Certified Research Mediums can report accurate and specific information (that is, accomplish anomalous information reception or AIR) about the deceased companion animals of living sitters.

Investigating Possible Electronic Interactions with Discarnates

Funded by: Helene Reeder Memorial Fund for Research into Life after Death

Status: In Progress.

The project involves replicating and extending Mark Boccuzzi’s work on Invited Ostensible Discarnate Interactions with Electronic Equipment. The current study focus on completing more trials and collecting more information about the source of the effects and will also test an Infrared Absorption Detector (IRAD).

Hematological and Psychophysiological Correlates of Anomalous Information Reception in Mediums

Funded by: Bial Foundation

Status: Complete.

The aim of this two year study was to systematically investigate the biological components of anomalous information reception (AIR) by modern-day, mental, credentialed mediums. The grant allowed us to collect data from five Windbridge Certified Research Mediums (WCRMs).

Related Publications and Presentations:


Full publication in preparation.
Funded Research (cont.)

The VISTA Project  
**Funded by:** Forever Family Foundation

If the afterlife exists, can we, the living, ever really know what it is like? Most of what we currently understand about the nature of the afterlife has been gleaned from sources including religious texts, channeled material, mediumship readings, and reports from near-death experiences. While these accounts are important, they are, nonetheless, anecdotal in nature. Since those reporting the information knew they were describing the afterlife, there is no way for us to know if the descriptions are completely accurate, or somehow filtered by the lens of the experiencers’ own biases and beliefs.

The goal of the VISTA project is to attempt to collect information about the afterlife under controlled, blinded, randomized conditions. To accomplish this, Windbridge Institute researchers have partnered with Dr. Dominique Surel, Professor and Dean of Faculty at Energy Medicine University (EMU), and the EMU Remote Viewing Research Institute. Using Controlled Remote Viewing (CRV), researchers are tasking remote viewers with providing information about a range of targets that include both living and deceased people. The viewers are provided with a Target Coordinate (a random string of six characters; example: 8392Y8) and asked to provide information about the target. Viewers are blinded to any other information about the targets, including that they may be viewing a deceased person.

**Status:** Preliminary data for this project is being collected and analyzed. After the analysis is complete, an article will be prepared for publication.

Potential Application of Digital Infrared Thermographic Imaging in the Investigation of Macroscopic Psychokinetic Phenomena During Field Investigations of Physical Mediumship  
**Funded by:** Parapsychological Association’s Gilbert Roller Fund

Institute researcher Mark Boccuzzi was awarded a grant for a project that explored the potential application of digital infrared thermographic imaging in the investigation of macroscopic psychokinetic phenomena during field investigations of physical mediumship.

**Status:** The obligations for this grant are complete and the final report has been approved by the funder. However, we are now collecting additional data with updated imaging equipment. Once complete, we will prepare an article for potential publication. In general, the study demonstrated that thermal imaging provides researchers with a powerful tool for documenting the activity in the often restrictive environment of the séance room without violating the requirements set by the medium. This approach allows investigators to maximize controls while still optimizing the conditions for phenomena to occur. Additionally, new advances in thermal imaging technology provide a wide range of cost-effective options for researchers that didn’t exist just a few short years ago. Ultimately, however, the types of controls and technology that are allowed in the séance room are decided upon by the medium being studied.
Exploratory Research

The funding from grants covers the costs of specific, large-scale research projects. However, smaller, more exploratory projects and day-to-day operating costs are covered by private contributions. Here are some of the exploratory studies we conducted in 2015, many of which will continue during 2016.

**Kirlian Photography:** We received a Kirlian Device as generous donation from Images SI ([www.imagesco.com](http://www.imagesco.com)). The device is now used in a series of on-going experiments.

**The Physiology of Micro-Psychokinesis (PK):** This study looks at electroencephalograph (EEG) and heart rate variability (HRV) during micro-PK tasks.

**Predicting the Future with Big Data:** We are currently collecting and analyzing public social media posts from Twitter and Facebook in an attempt to find trends that might be used to predict large events.

**Macro-Psychokinesis Testing:** As a follow-up to our previous macro-PK research, we have started to prototype a test chamber that will allow us to track and measure the movement and distribution of airborne particles. Lasers are used to highlight the surface of the test chamber during video-recorded sessions. The full-color video is converted into 8-bit black and white images for analysis (upper-left). Movement is then measured using Particle Image Velocimetry (upper-right). Intensity data are turned into 3D surface maps (lower-left) and Intention Target Maps (lower-right).

A short video can be seen here: [https://www.youtube.com/watch?v=WPuFwBmDxMI](https://www.youtube.com/watch?v=WPuFwBmDxMI)

**Lab-In-A-Box:** Advances in technology and on-line access to journals and quality education have created new opportunities for researchers and students. The goal of this project is to create a suite of learning materials and cost-effective hardware and software tools which can be employed by professional researchers or enthusiasts. This will allow researchers with limited resources to extend their capabilities and also provide non-researchers interested in the field with the ability to run their own experiments or have their own experiences. As an example, the image on the right is of an early version of the PSI Science Lamp from Images SI, Inc. in our lab. The lamp, which changes color (2 or 4 colors), incorporates a random number generator and a data logging port which makes it suitable for a wide range of psi experiments and tests.

**Psi Testing: Multiuser 3D Environments:** The image on the right is a screen capture of a prototype level we are developing to train and test intuitive skills for search-and-rescue teams that are working with psychics. This is part of our basic science research into using real-time, immersive, multiuser computer applications to test and train people in using their intuition to successfully complete time-sensitive, high-risk tasks.
Exploratory Research (cont.)

Multiplayer Psi Apps: Institute researcher Mark Boccuzzi is experimenting with multi-player apps that will allow groups of friends to practice and test their skills on psi tasks. Players will be able to collaborate in order to accurately predict the outcome of a future event, sense remote staring, and perform other psi tasks.

The results from all of these studies will be submitted for publication in peer-reviewed journals once data collection and analysis are complete. To be notified about the status of these and other studies and to learn about opportunities for volunteer research participants, please be sure to join our email list.

For a full list of research projects, please visit http://www.windbridge.org/research/

Institute News

Windbridge Institute, LLC Co-founder and Director of Research, Julie Beischel, PhD, continued her a second three-year term to the Council of the Society for Scientific Exploration (SSE).

Dr. Beischel continued to serve as Adjunct Faculty in the School of Psychology and Interdisciplinary Inquiry (PII) at Saybrook University.

In March we completed an extensive redesign of our website www.windbridge.org (image left). This work was completed in-house with free, open source software.

Dr. Beischel continued her appointment as the Director of the Survival and Life After Death research department at the World Institute for Scientific Exploration (WISE). To learn more about WISE visit http://instituteforscientificexploration.org/

In July, we were awarded our fifth Bial Foundation bursary for a project titled “Development and implementation of a comprehensive survey of secular American mediums.”

We continued our Green initiative by contributing to the Carbonfund.org renewable energy program.

Windbridge Institute on Social Media

**Facebook:** Windbridge Institute: www.facebook.com/Windbridge.Institute
Julie’s page: www.facebook.com/julie.beischel
Mark’s page: www.facebook.com/mark.boccuzzi

**Twitter:** Windbridge Institute: www.twitter.com/Windbridge

**YouTube:** Afterlife Science: www.youtube.com/user/AfterlifeScience
Mark’s Channel: www.youtube.com/c/MarkBoccuzzi

**Blogger:** Julie’s Blog: www.drjuliebeischel.blogspot.com
Mark’s Blog: www.markboccuzzi.blogspot.com
Institute News (cont.)

The Open Source Initiative

One of our highest priorities is to conduct research that can be easily replicated and built upon by others. To achieve this we have been moving away from commercial products (like Stata, MatLab, and MS-Office) and toward the increasing number of alternative open source software and hardware solutions. By taking this approach we hope to ensure that everyone, from citizen scientists to university-based researchers, can replicate our research protocols and tools.

*Our most frequently used Open Source software tools:*

- Audacity (http://audacity.sourceforge.net/)
- FreeBASIC (http://www.freebasic.net/)
- FreeMat (http://freemat.sourceforge.net/)
- ImageJ (http://imagej.nih.gov/ij/)
- Joomla (http://www.joomla.org/)
- LibreOffice (http://www.libreoffice.org/)
- Lua (http://www.lua.org/)
- MySQL (http://www.mysql.com/)
- Octave (https://www.gnu.org/software/octave/)
- OpenCV (http://opencv.org/)
- PHP (http://php.net/)
- Processing (https://processing.org/)
- Python (https://www.python.org/)
- R (http://www.r-project.org/)
- SciLab (http://www.scilab.org/)
- WordPress (https://wordpress.org/)
- Audacity (http://audacity.sourceforge.net/)
- FreeBASIC (http://www.freebasic.net/)
- FreeMat (http://freemat.sourceforge.net/)
- ImageJ (http://imagej.nih.gov/ij/)
- Joomla (http://www.joomla.org/)
- LibreOffice (http://www.libreoffice.org/)
- Lua (http://www.lua.org/)
- MySQL (http://www.mysql.com/)
- Octave (https://www.gnu.org/software/octave/)
- OpenCV (http://opencv.org/)
- PHP (http://php.net/)
- Processing (https://processing.org/)
- Python (https://www.python.org/)
- R (http://www.r-project.org/)
- SciLab (http://www.scilab.org/)
- WordPress (https://wordpress.org/)

These base programs are often expanded with Open Source libraries that are used for a wide-range of computing tasks including machine learning, analyzing physiological data, linguistic analysis, data mining social networks, Big Data analysis, data visualization, etc. We also use a number of the specialized programs and web-based tools on an as-needed basis.

*Our most frequently used hardware platforms:*

- Arduino (http://www.arduino.cc/)
- Raspberry Pi (http://www.raspberrypi.org/)

While these platforms are primarily used for our OpenITC Project, they have also been deployed as controllers to auto-trigger cameras and lasers and to collect and log physiological and environmental data.

While we have not yet been able to transition completely to an Open Source ecosystem, we are excited to keep moving in that direction.

*Our Raspberry Pi development platform.*
PsiForms: Art Informed by Science

Developed by Windbridge Institute, LLC, researcher Mark Boccuzzi, PsiForm images are the result of data that are collected from Random Event Generators (REGs) while a person or group focuses on a specific idea, intention, or deceased loved one. The data are then processed using custom software which converts them into an image. Our goal at the institute is to focus on applied research; that is, to develop ways to make people’s lives better on a daily basis. We believe that art can do that, especially art that allows people to explore the non-local impact of our intentions or art that serves as a reminder of our continued connections to those who have passed.

PsiForms at the Final Transition Conference

The organizers of the Final Transition Conference (see page 12) commissioned a custom Intention PsiForm image for use in the conference materials (see image on left).

Group PsiForms in Vail, Colorado

In March, Dr. Beischel gave a public lecture in Vail, Colorado, as part of the Vail Symposium’s “Living at Your Peak Consciousness” Series. During her lecture, attendees were invited to focus on the idea of “Community” while Mark collected REG data on a laptop in the lecture hall. The resulting PsiForm image is on the left. The process was repeated the next day at Dr. Beischel’s workshop, with attendees inviting their departed loved ones to join them in the room (see image on right).

The PsiForms Book: Visualizing Intention: Art Informed by Science

In September, we published Mark’s book which describes the PsiForm process and underlying research that helped create PsiForms. It also includes example images from individual, group, and afterlife connection sessions along with 12 images that you can use for meditation.

Monthly Meditation Calendar

The Monthly Meditation Calendar, contains 12 striking PsiForm images that were created from data that were collected while meditators focused on 12 specific ideas including Abundance, Gratitude, and Choice. You can use the calendar as a reminder to take a few moments every day to focus on the image, be mindful of your breathing, and just exist in the present without worrying about the past or planning for the future. Voila! You just meditated! Specific instructions are also included with the calendar. Order your calendar online today from zazzle.com here: http://goo.gl/UGTbg

Framed Prints

A selection of PsiForm images are available for custom printing and framing in a wide range of sizes and materials (including canvas, metal, and acrylic). For more information, please visit our gallery on FineArtAmerica.com here http://goo.gl/bOL2WT
Events and Conferences

Institute researchers participated in the following events and conferences in 2015.

Vail Symposium, Vail, Colorado
Lecture and Workshop March 23 & 24, 2015

On Monday, March 23rd, Windbridge Institute, LLC, Director of Research, Dr. Julie Beischel (left), presented her invited talk, “Does Consciousness Survive Death? Evidence from the Laboratory,” as part of the Vail Symposium’s “Living at Your Peak Consciousness” Series. Dr. Beischel discussed her work with our team of 18 Windbridge Certified Research Mediums and reviewed her research findings from our Information, Operation, and Application mediumship research programs. In addition, she covered recent results from the VISTA project (see page 7), linguistic analysis of ghost investigation requests, and our Instrumental Transcommunication research. Julie’s lecture was attended by roughly 120 people and feedback from the event organizers was very positive.

On Tuesday, March 24th, Julie (center) and Windbridge Certified Research Mediums Traci Bray (left) and Eliza Rey (right) hosted a 4-hour workshop to over 30 attendees in which Julie presented information about spontaneous, induced, and assisted after-death communications (ADCs) and taught specific techniques that can be use to hear directly from departed loved ones. In addition, Traci and Eliza discussed their experiences, answered questions, and provided messages from those who have passed to attendees during gallery-style readings.

During both the lecture and workshop, Julie invited the attendees to participate in a group intention sessions which resulted in the creation of PsiForm images (see page 11).

Psi at the Summit
Vail, Colorado March 24, 2015

Dr. Julie Beischel and Mark Boccuzzi hosted an invitation-only event, Psi at the Summit. This unique meeting brought together researchers and professional psychic practitioners for a candid round-table discussion of the current state of parapsychological and afterlife-related research, ideas for extending collaborations between practitioners and researchers, and designing new areas of research.

Continued on next page...
Events and Conferences (cont.)

Society for Scientific Exploration (SSE) 34rd Annual Conference
May 28 – 30, 2015
Rockville, Maryland, USA
https://www.scientificexploration.org/2015-conference

Dr. Beischel presented “Assessing hematological and psychophysiological correlates of anomalous information reception in mediums.” This research was made possible by a grant from the Bial Foundation.

ABSTRACT. Mediumship research at the Windbridge Institute includes a three-tiered approach to investigations of secular, American mediums. The Information, Operation, and Application research programs examine (i) the accuracy of the information mediums report; (ii) the mediums phenomenology, physiology, and psychology, and (iii) the potential social applications of mediumship readings, respectively. Studying mediums physiology as part of the Operation research program may help in predicting, preventing, and/or managing medical issues in mediums. An informal survey of the current team of Windbridge Certified Research Mediums (WCRMs) regarding their health issues demonstrated that chronic medical problems may be a serious concern for this population. For example, this sample has seven times the incidence of autoimmune disorders compared to the incidence in the general US population. Their incidence of diabetes is nearly twice the national prevalence. And the incidence of migraines in female WCRMs is nearly two and a half times the prevalence in women in the US. The current study aimed to systematically investigate the biological components of anomalous information reception (AIR; the reporting of accurate and specific information about the deceased in the absence of prior knowledge, feedback, or deceptive means) in this population of mediums by examining general physiological measures and 28 hematological elements during mediumship readings and a control task. Data collected to date do not demonstrate any significant changes in these measures when pre- and post-condition comparisons were made for the counter-balanced sessions. These preliminary results imply that the mediumship process itself may not be responsible for the increased health issues in this population. An alternative model addressing the relationship between childhood trauma and physical illness is proposed.

The Final Transition: Science, Death, and Consciousness
September 11 – 13, 2015
Tucson, AZ
http://finaltransition.net

The Final Transition Conference included a unique collection of experts speaking on various aspects of death, dying, and what comes after. The order of the speakers reflected the chronology of dying and death, from care giving and end-of-life issues and phenomena through after-death communication and reincarnation. Dr. Julie Beischel’s talk was titled “Grief and Spontaneous, Induced, and Assisted After-death Communication.” Here is the summary from the conference program:

Nearly a third of American adults have had contact with the deceased. These spontaneous experiences of after-death communication (ADCs) can involve a wide variety of phenomena and do not seem to be related to any specific characteristics of the death or the experiencer. Spontaneous ADCs are a natural part of the grieving process and generally

Continued on next page...
Events and Conferences (cont.)

have a positive psychological impact. Similarly, induced ADC experiences can also positively affect the bereaved. Extensive research in these areas as well as anecdotal reports and exploratory data imply a similar potential for assisted ADCs: the experience of hearing from deceased loved ones during readings with mediums, an often self-prescribed treatment option for the bereaved. Mediums are individuals who regularly experience communication with the deceased and report the resulting messages to the living. The three types of content commonly found in mediumship readings assist the grieving in recognizing that their relationships with the deceased still exist, thus falling within the continuing bonds model of grief, and assisted ADCs may have advantages as well as disadvantages not present for spontaneous and induced ADCs. Although mediumship has been examined scientifically since the 1880s, modern researchers are examining the accuracy of mediums’ statements under controlled conditions as well as the unique experiences, psychology, physiology, and neurobiology of mediums in various cultures all over the world.

Video recordings of all the conference presentations are available from [http://finaltransition.net](http://finaltransition.net)
A list of books by Final Transition speakers is available in [our online bookstore](http://finaltransition.net).

**ITC HackFest 2015!**
As part of the OpenITC project, the institute hosted a 2-day ITC HackFest where programmers and researchers set out to develop a new set of desktop and mobile applications for use in Instrumental Transcommunication (ITC). Several new apps that focused on using interactive visual metaphors were prototyped and tested. While highly experimental these prototypes are laying the groundwork for a new class of ITC apps.

**Posts and Articles**

A PDF of this article can be downloaded here [http://wisewiki.org/dl148](http://wisewiki.org/dl148)

“The Basics: Definitions of Mental and Physical Mediums” by Julie Beischel, PhD

“The Basics: Definitions of Medium and Psychic” by Julie Beischel, PhD

“Readings with a Medium: Phone vs. In-Person” by Julie Beischel, PhD

“Why are most mediums female?” by Julie Beischel, PhD

“So you want to be a Paranormal Investigator?”, “Crowdsourcing psi,” and other articles by Mark Boccuzzi
[http://markboccuzzi.blogspot.com/](http://markboccuzzi.blogspot.com/)
Publications

Peer-Reviewed Research Papers


Importancia y Metodología Basada en la Investigación en Laboratorio de la Mediumnidad en los Estados Unidos by Julie Beischel E-Boletín Psi, Vol. 10, No. 3, September 2015

This article ("Laboratory-Based Mediumship Research in the United States: Relevance and Methodology") was translated and published by Instituto de Psicología Paranormal in the September issue (with added images) of the e-bulletin Psi which has a reach of 7,000 mostly Spanish-speaking readers. We thank Alejandro Parra for inviting the contribution of this article. Read the article (in Spanish) online at: http://www.alipsi.com.ar/e-boletin/E-BOLETIN%20Psi_Vol.10_No.3_Sepiembre_2015.htm#tit02

Book Chapter

New Parapsychology Textbook:

*Parapsychology: A Handbook for the 21st Century*
Edited by Etzel Cardeña, John Palmer, David Marcusson-Clavertz
http://amzn.to/1LFELfU

This book is the first in almost 40 years to provide a comprehensive scientific overview of research in the field of parapsychology, explaining what we know and don’t know about psi phenomena including telepathy, clairvoyance, precognition, and psychokinesis.

The text contains 31 chapters by 37 preeminent experts in parapsychology including:

Ariadne’s Thread: Meditation and Psi (by Serena M. Roney-Dougal); Psi and Biology: An Evolutionary Perspective (by Richard S. Broughton); Psi and Psychophysics (by Dean Radin and Alan Pierce); Macro-Psychokinesis (by Stephen E. Braude); Reincarnation: Field Studies and Theoretical Issues Today (by Antonia Mills and Jim B. Tucker); Ghosts and Poltergeists: An Eternal Enigma (by Michaeleen Maher); and Psi in Everyday Life: Nonhuman and Human (by Rupert Sheldrake)

In Chapter 23: Mental Mediumship, Julie Beischel and Nancy Zingrone primarily discuss the quantitative, qualitative, proof-oriented, and process-oriented aspects of mediumship research performed by the limited number of researchers who have published studies since 2001.
Publications (cont.)

New Print Books

*Investigating Mediums: A Windbridge Institute Collection*
by Julie Beischel, PhD

For the first time all in one place, *Investigating Mediums* features Dr. Beischel’s three books previously only available electronically: *Among Mediums: A Scientist’s Quest for Answers* (an accessible, bite-sized review of her journey and the answers she discovered along the way), *Meaningful Messages: Making the Most of Your Mediumship Reading* (which provides 10 helpful hints to keep in mind as you prepare for, experience, and reflect on a reading from a medium), and *From the Mouths of Mediums Vol. 1: Experiencing Communication* (where 13 Windbridge Certified Research Mediums discuss how they experience communication from the deceased, suggestions for how you can experience communication, and why it might be that you have not heard from your loved one).

While offering print copies of any of the three books individually is still not cost-effective, putting them all together and offering it as a print collection has made it financially viable.

In addition to the three e-books, *Investigating Mediums* also includes articles that discuss: mediums’ views about the afterlife; grief and mediumship; our deceased animal loved ones; and the three mediumship research programs at the Windbridge Institute, LLC.

*Investigating Mediums* is available on Amazon ([http://amzn.to/1LZFjJe](http://amzn.to/1LZFjJe)). You can also ask your local bookstore to order it for you from their catalog if they do not carry it.

*Visualizing Intention: Art Informed by Science*
by Mark Boccuzzi

Can the power of our thoughts influence the physical world around us? What if we could see our intentions, hopes, and fears displayed before us? Could these images allow us to connect with our deeper selves, with others, with our departed loved ones?

Drawing inspiration from Masaru Emoto’s research on water, studies conducted at the Princeton Engineering Anomalies Research (PEAR) Lab on the effects of intention on electronic devices, the Global Consciousness Project, and others, Boccuzzi has developed a unique and beautiful method for the artistic representation of focused intentions. *Visualizing Intention* explores the development and application of this research. It also includes 12 images created from data collected while meditators focused on specific ideas. You can use these images as the focus of your own meditations.

An extended preview of the book can be found at [http://goo.gl/p1z32m](http://goo.gl/p1z32m).

The full color print version of *Visualizing Intention: Art Informed by Science* is available exclusively at amazon.com here [http://amzn.to/1L16ya5](http://amzn.to/1L16ya5).
Windbridge Institute, LLC in the Media in 2015

May 14, 2015
SFGATE.com
*After This* by Claire Bidwell Smith: Reviewed by Caroline Leavitt
Dr. Beischel was interviewed by author Claire Bidwell Smith for her book *After This*. The book was reviewed on SFGate.com and Julie’s work is prominently (if not slightly inaccurately) mentioned. You can read the entire review here:
http://www.sfgate.com/books/article/After-This-by-Claire-Bidwell-Smith-6263974.php

July 12, 2015
The Cosmos in You
Interviewer: Suzannah Scully
In Episode 7 (~50 min), Dr. Beischel discusses the science of after-death communication. Listen at: http://goo.gl/P6ywux

August 10, 2015
Aura Colors
Interviewer: Pam Oslie
Dr. Beischel discusses her research with mediums on the radio show “Aura Colors” (~45 min). Listen at: http://windbridge.org/woc/Beischel2015aug10Oslie.MP3

September 22, 2016
Skeptiko
Interviewer: Alex Tsakiris
In episode 287 of the Skeptiko podcast, Dr. Beischel responds to criticisms of her research. Listen to the interview (~1hr) and/or read excerpts at: http://goo.gl/qhfdih

October 5, 2016
“Feeling is Believing”
by Lisa Chase, ELLE Magazine
In a section called “The New New Age” in the October issue of ELLE, journalist Lisa Chase describes her experiences after the death of her husband and her reading with a medium in the article “Feeling is Believing.” In an attempt to make sense of her experiences, Lisa talked to several experts including Dr. Beischel. Read the article here: http://goo.gl/SNJP5z

November, 2016
Psychic News, Issue #4133
Windbridge Institute researcher, Dr. Julie Beischel and Windbridge Certified Research Mediums Debra Martin and Laura Lynne Jackson were featured in the November issue of *Psychic News* magazine. Unfortunately, these articles are not available on-line, but you can subscribe to *Psychic News* from their website: http://www.psychicnews.org.uk/ or find back issues at your local bookstore.
And now...

Now that you’ve learned all about what we accomplished last year, how can you help make sure we keep up that pace going forward? (See page 19 for some things we already have planned!)

The project-specific grants we receive don’t cover the costs of Exploratory Research (p. 8), the Open Source Initiative (p. 10), travel to meetings (p. 12), writing chapters for academic collections (p. 15) and books for non-specialists (p. 16), the development of apps (p. 20), or other basic expenses.

But you can support us through the crowd funding site, Patreon.

Unlike other crowd funding sites like KickStarter which fund a specific project, Patreon allows you to make a monthly pledge to support our work.

As a Windbridge Institute Patron, your monthly pledge can be for as little as $1. On the first of each month, your credit card (or PayPal account – you can choose!) will automatically be charged the amount you pledge once you set up your account.

Learn more and sign up at:

www.patreon.com/windbridge

Thank you!

Other easy ways to help support our important work...

- **FREE:** Tell your friends about the Windbridge Institute! Feel free to share this New Year Note!
  - **FREE:** Find the [Windbridge Institute, LLC on Facebook](#)
    - **FREE:** Join [our email updates list](#)
  - **FREE:** When shopping for *anything at all* on Amazon, start at [this Amazon home page](#)
    - **FREE:** Discover other ways to [get involved and stay connected](#)
  - Purchase books from [our bookstore](#)
  - Buy unique and useful products and gifts from our [on-line shop](#)
2016: Looking Forward

There is much in store for the institute in 2016. Take a peek at what we have coming up! For updates, be sure to join our email list by visiting [http://www.windbridge.org/join-email-list/](http://www.windbridge.org/join-email-list/)

2016 Events, Conferences, and Meetings

The Science of Consciousness Conference
April 25-30, 2016
Loews Ventana Canyon Resort, Tucson, Arizona
Info: [http://consciousness.arizona.edu/2016WorkshopPSI.htm](http://consciousness.arizona.edu/2016WorkshopPSI.htm)
Register at: [https://eagle.sbs.arizona.edu/sc/](https://eagle.sbs.arizona.edu/sc/)
Pre-Conference Workshop
Monday, April 25, 9 am to 1 pm

*What can psi interactions teach us about consciousness?*
Given that there are statistically replicable results in research of psi interactions, what insights about the nature of consciousness can these results offer us? Join Julie Beischel, Arno Delorme, and Julia Mossbridge at this pre-conference workshop as they discuss their experimental work related to psi, outline the current evidence, and speculate as to how this evidence might inform our understanding of consciousness.

Accessing the Exceptional, Experiencing the Extraordinary
Joint Meeting of the Society for Scientific Exploration and the Parapsychological Association
June 20, 2016 - June 23, 2016
Millennium Hotel in Boulder, Colorado

This year, the 35th Annual Conference of the Society for Scientific Exploration and the 59th Annual Convention of the Parapsychological Association will be held together in Boulder, Colorado. For more information please visit [https://www.scientificexploration.org/2016-conference](https://www.scientificexploration.org/2016-conference) [http://www.parapsych.org/section/52/2016_convention.aspx](http://www.parapsych.org/section/52/2016_convention.aspx)

SAVE THE DATE
Before and Beyond Conference
September 18 - September 20, 2016
Don Cesar hotel, St. Pete’s, Florida

Nowadays, parents and children are having a different type of "The Talk." It's about death and dying, not sex, and it's the adult children bringing up the topic to their aging parents. This conference will include a variety of speakers briefly discussing different practical topics useful for caregivers, clinicians, the dying, and the bereaved. Dr. Beischel will discuss after-death communication and Windbridge Certified Research Medium Daria Justyn will be providing private and group readings on site. Sign up to our email list to be notified when registration opens: [http://www.windbridge.org/join-email-list/](http://www.windbridge.org/join-email-list/)
2016: Looking Forward (cont.)

2016 Research and Projects

In addition to wrapping up some of our current studies and continuing work on the Bereavement and Mediumship (BAM) study and the survey study (see page 5), we also have a couple of new projects in the works! Be sure to sign-up to our email list for periodic updates on new projects, events, publications and other institute news.

CloudBlue: The Simple Mindfulness App

Developed by institute researcher Mark Boccuzzi, CloudBlue: Simple Mindfulness is a free, minimalist app that can be used as a focus for breathing, meditation, or mindfulness, or just for open-ended doodling.

Use CloudBlue whenever you need to take a quick break. Just tap “Start” from the menu and begin moving your finger on the white screen to produce a blue cloud of animated particles that follows your finger around the screen. Experiment with the speed and direction of your movements as you create unique and complex patterns. To learn more visit: https://play.google.com/store/apps/details?id=com.windbridgeinstitute.cloudblue

Visit our Bookstore by Amazon.com: http://astore.amazon.com/windbridge-20

Here are some books we couldn’t stop talking about in 2015. Visit the bookstore for more recommendations.

All proceeds support independent research at the Windbridge Institute, LLC.
About the Windbridge Institute, LLC

Windbridge Institute, LLC, is an independent research organization investigating the capabilities of our bodies, minds, and spirits and attempting to determine how that information can best serve all living things.

Members of our international Scientific Advisory Board review research questions and protocols and provide feedback and suggestions based on their expertise.

At this time, the institute is primarily interested in research regarding the survival of consciousness hypothesis; that is, the theory that an individual’s consciousness or personality continues to exist, separate from the body, after physical death. We are also interested in traditional parapsychological topics (i.e., telepathy, precognition, clairvoyance, and mind-matter interactions); animal consciousness, animal psi, and the human-animal bond; applied intuition and intention; and complementary and alternative therapies for personal and planetary health as well as our connection to each other and the potential that exists within each of us.

For more information, visit www.windbridge.org

Useful weblinks:

About Us: http://www.windbridge.org/about-us/

Current Research: http://www.windbridge.org/research/

The Windbridge Institute on Facebook: www.facebook.com/Windbridge.Institute

Opportunities at the institute: http://www.windbridge.org/opportunities/

Publications: http://www.windbridge.org/publications/

Windbridge Certified Research Mediums: http://www.windbridge.org/mediums/

Thank you for your interest in our work!

As always, we would like to thank all our funders, volunteers, supporters, colleagues, friends, and family. Without you, this work would not be possible.

Be sure to get involved and stay connected!

Mark, Julie, and the Windbridge Institute, LLC Team
Why Windbridge?

Why is the continued existence of the Windbridge Institute, LLC, important? We are...

Innovative: We study topics like life after death, mediumship, haunt-related phenomena, and animal psi which are considered “outside” of mainstream science (to say the least). We are interested in non-local consciousness, understanding our connection to each other, and unlocking the potential that exists within each of us.

Efficient: We keep our overhead low and have no marketing department, editorial staff, development department, administrative staff, or public facilities. Around here, a little support goes a long way.

Far Reaching: We perform both basic and applied research. We are dedicated to understanding the true nature of the phenomena we study and then applying what we have learned to solve real-world problems by developing new training methods, treatment modalities, and technologies.

Unique: We are one of the only organizations in the world performing world-class, peer-reviewed scientific research regarding life after death and the only one that includes an elite group of certified mediums as part of the research team. If we can’t do this research, who will?

Independent: We have no endowments, receive no state or federal funding, and have no university affiliations. While this situation sometimes makes us feel like we are out here on our own, it also gives us the flexibility to ask whatever research questions we feel are important and to follow the data, wherever it might lead.

Effective: Over the last eight years, we have published articles in peer-reviewed journals including the Journal of Parapsychology, Australian Journal of Parapsychology, EXPLORE: The Journal of Science and Healing, Frontiers in Psychology, Transpersonal Psychology Review, Journal of Scientific Exploration, Omega: Journal of Death and Dying, and Journal of Near-Death Studies, and have presented research at the The Science of Consciousness, Exploring the Extraordinary, American Center for the Integration of Spiritually Transformative Experiences (ACISTE), Vail Symposium, and Forever Family Foundation conferences and at scientific meetings of the Society for Scientific Exploration, the Parapsychological Association, the Rhine Research Center, the International Society for the Study of Subtle Energies and Energy Medicine, the Society for the Anthropology of Consciousness, Atlantic University, and the Institute of Noetic Sciences.

Open: When our studies are complete, we actively get the results into the world as quickly as we can -- regardless of whether the results are positive or negative. We post our findings and methods on our public website, our blogs, and through social media.

Connected: Our international Scientific Advisory Board includes 18 researchers, authors, editors, and experts in their fields; we are members of several professional organizations; and we perform collaborative research with other institutions.

Respected: Here is what others have said about the Institute and our work...

“The research that is currently being done at the Windbridge Institute is the best research being done in the field of parapsychology.”
—John Kruth, Executive Director, Rhine Research Center

“The research that takes place at the Windbridge Institute has been judged by international peers to be important and reflects the Institute's commitment to conducting world-class science.”
—Dean Radin, PhD, Senior Scientist, Institute of Noetic Sciences

“Beischel herself has played a major role in strengthening the methods used in this field and her research exemplifies her rigor and sophistication.”
—Daryl Bem, PhD, Professor Emeritus of Psychology, Cornell University

For as little as $1/month you can

support us by becoming a Patron today!

Visit our website to learn about more ways to get involved.