

## SELECT SUPPORTING REFERENCES

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### About the Windbridge Institute

The Windbridge Institute uses traditional scientific methods to study non-traditional topics.

For more information about our research and for simple ways to get involved and stay connected, please visit:

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## The BAM Study Bereavement And Mediumship

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***Can hearing from the dead heal the living?***

***Every day, people receive readings from mediums.  
Is this helpful for the grieving?***

***Science doesn't know. Let's figure it out.***

### FACTS:

- ◆ Many bereaved individuals seek the assistance of psychic mediums in coping with their experiences of grief.
- ◆ Many report dramatic changes.
- ◆ Several studies have demonstrated the positive impact of spontaneous experiences of after-death communication on grief.
- ◆ NO systematic trials have been published investigating the potential therapeutic effects of a personal mediumship reading.
- ◆ The profound effects a reading with a mental medium may have on the bereaved warrants a serious look at this phenomenon.
- ◆ Determining whether this common practice is beneficial, detrimental, or neither is socially and scientifically essential.

Learn more at

[www.AfterlifeScience.com](http://www.AfterlifeScience.com)

### **What is the Bereavement and Mediumship (BAM) Study?**

Researchers at the Windbridge Institute, LLC, are raising funds to perform a randomized clinical trial examining the potential benefits of personal mediumship readings. The project is called the BAM (Bereavement And Mediumship) Study.

### **Why is the BAM Study important?**

Regardless of what people think about mediumship, the reality is that (1) there are people, called mediums, who report experiencing regular communication with the deceased, and (2) there are people (known as sitters) who go to mediums to receive messages (during readings) from their deceased loved ones. Research to date has shown that spontaneous and induced experiences of after-death communication (ADC) positively affect grief. Anecdotal reports and pilot data suggest that personal mediumship readings may have similar effects, but no studies have been published examining this phenomenon specifically. The answers to questions about the clinical relevance of mediumship readings may have far-reaching effects for the bereaved, healthcare, and society in general.

### **How much are you trying to raise?**

Our goal is to raise \$35,000 for this two-year study. To date, over 100 people have contributed.

### **What will the funds be used for?**

Funds for this randomized clinical trial will support the completion of the following tasks: developing consenting and training materials; consenting, screening, and training research participants; developing an on-line database; administering the grief instrument; collecting and analyzing data; writing a journal article describing the results of the study; shepherding the article through the peer-review and publication process; and producing additional educational materials for clinicians, mediums, and the general public.

### **Who are the researchers?**

Julie Beischel, PhD, Windbridge Institute Director of Research; Chad Mosher, PhD, Clinical Advisor; Mark Boccuzzi, BS, Researcher and Windbridge Institute Director of Operations

### **What can I do?**

We need your support to make this project happen. Please visit [www.AfterlifeScience.com](http://www.AfterlifeScience.com) for more information.



“My name is Dr. Julie Beischel and I am the Director of Research at the Windbridge Institute. For about 10 years, I have been performing studies with psychic mediums (people who experience communication with the dead). The aspects of mediumship that I find most important are its practical social applications and one of the most compelling applications is for people grieving the loss of a loved one.”

### **Expert Testimonials in support of the BAM Study**

“The BAM Study promises to make a substantial contribution to the field of clinical parapsychology.”

Janice Miner Holden, EdD  
Editor of the *Journal of Near-Death Studies*

“This randomized clinical trial has the potential to provide useful empirical data on the possible therapeutic effectiveness of mediumship readings on the bereaved.”

Gerd H. Hövelmann, MA  
Co-Editor, *Perspectives of Clinical Parapsychology*

“The methodology addresses serious limitations that have affected other attempts to research more traditional grief interventions. Given her background, training, and experience, Dr. Beischel is uniquely positioned to apply this rigorous methodology in exploring the clinical relevance of mediumship readings.”

Yolaine M. Stout, BA, CFRM  
President, Executive Director, American Center for the Integration of Spiritually Transformative Experiences (ACISTE)

“This study could eventually help many counselors and ultimately untold numbers of the bereaved who would be the recipients of counselors' needed validation.”

Louis E. LaGrand, PhD  
Certified Grief Counselor  
Author of *Love Lives On* and *Healing Grief, Finding Peace*